

# CREATIVE FAITH & CO magazine



[4 Ideas on How to Slow Down this Summer Season](#)

[Free Summer themed Bible study devotion](#)

[How to Paint with Fruit in your Devotion Book](#)



# Hella from Hillary!

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Summer is not over yet! Although I am excited for the autumn season, I do not want to waste away the last bit of summer.

I pray this new issue of the Creative Faith & Co. magazine encourages you in the last weeks of summer. Do not skip ahead. Keep your eyes open to all the ways God is speaking to you.

Did you know there are several other issues of the Creative Faith & Co. magazine available? Click [HERE](#) to check out the digital magazine archive. Each issue is full of inspiration and encouragement. I pray you love this free digital magazine.

Stay tuned for more FREE digital magazines from Creative Faith & Co. Do you have any article ideas? Be sure to send me an email. I would love to hear from you: [hillary@creativefaithco.com](mailto:hillary@creativefaithco.com)

God has wonderful things ahead for the rest of this summer season! Soak up some time in the sun with the Son!

Much love,  
Hillary

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# Summer of Slow: 4 Ways to Slow Down this Season

Are you constantly hurrying from one activity to the next? Do you have a hard time waiting and slowing down? As I prayed about the summer season, God plopped a phrase on my mind: "Summer of slow" I pray these ideas help you slow down, too.

- 1- Take the long way home & enjoy the view during the drive
- 2-Get in the longest line at the grocery shop and start a conversation with someone next to you while you wait
- 3-Go for a leisurely walk around your neighborhood and soak up the sights, sounds and smells of where you live
- 4-Remove several items off your to do list and lay under the stars (in a hammock, on a blanket, in a lounge chair)

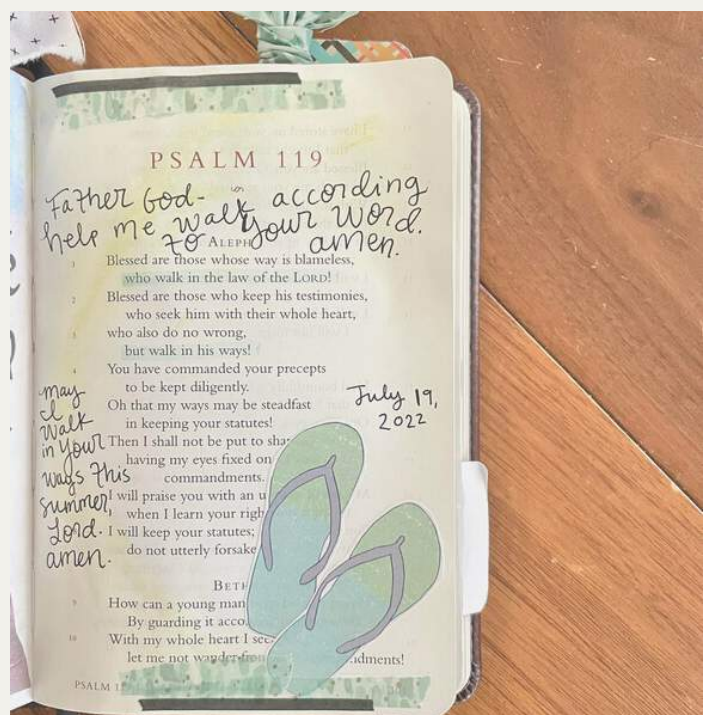
Want to learn more about slowing down? Here are some of my favorite resources. Check out these books:

- [Pausing for His Peace devotion book by Hillary Krippaehne-Fernandez](#)
- [Growing Slow by Jennifer Dukes Lee](#)
- [The Ruthless Elimination of Hurry by John Mark Comer](#)

(affiliate links)

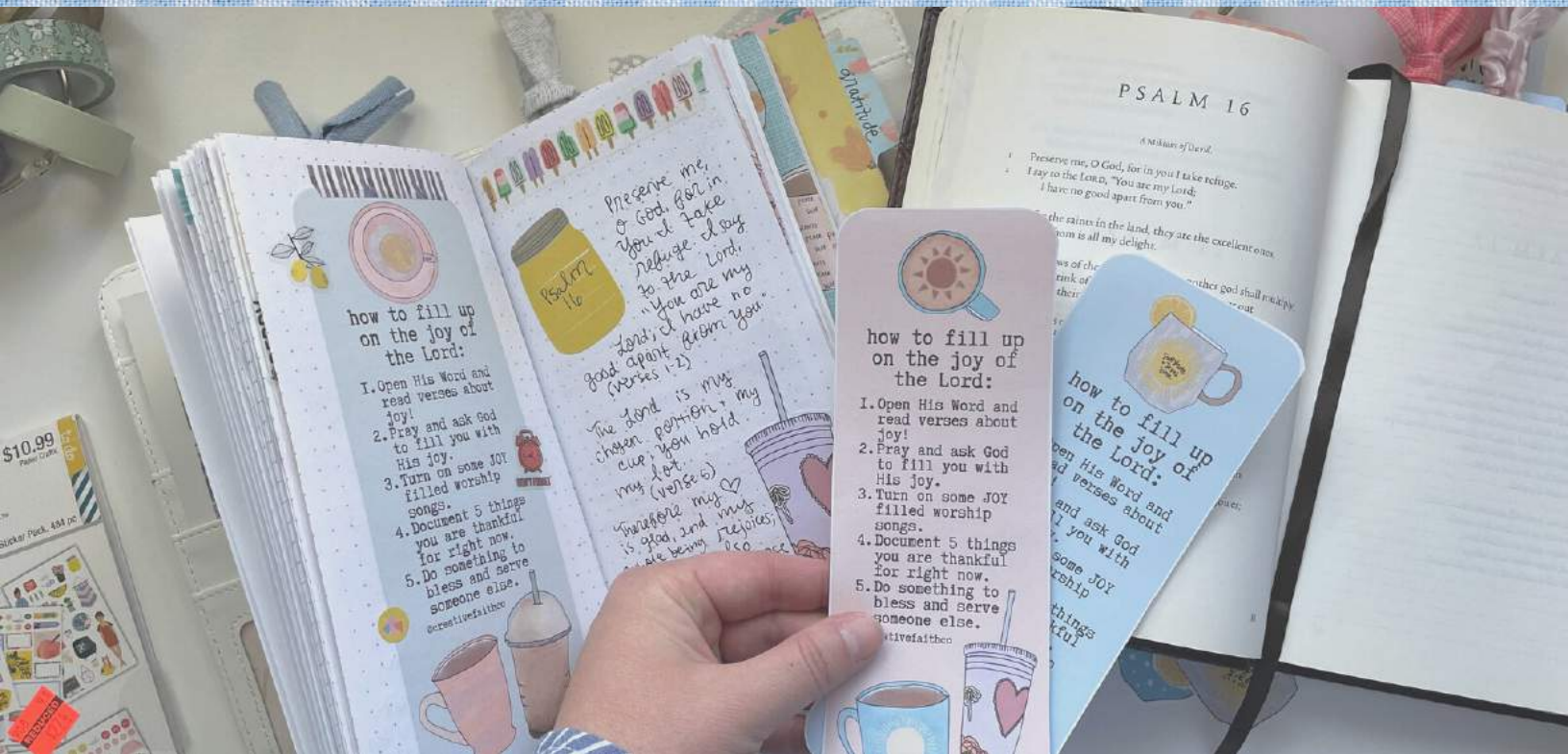


*"Be still before the Lord and wait patiently for Him."  
(Psalm 37:7)*



*From the rising  
of the sun to its  
setting, The  
name of the Lord  
is to be praised.*

PSALM 113:3



## *This summer are you full of joy?*

Do you struggle to be full of the joy of the Lord each day? I know I sometimes do, especially during difficult seasons.

This summer I have been reading and meditating on this theme in Scripture. I have several joy-themed devotions. One in the Sunshine & Jesus Time devotion book and one in the Fruit of the Spirit devotion book. I also created a fruit of the Spirit: joy Scripture writing plan. As I worked through these different projects, I thought of 5 ideas on how to fill up on the joy of the Lord this summer.

*"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." (Romans 15:13)*

CLICK HERE  
FOR THIS FREE  
PRINTABLE

CLICK HERE  
FOR PROCESS  
VIDEO

# 5 ways to fill up on the joy of the Lord this Summer

1. Open His Word and read verses about joy! Here are 3 to get started. These are from my 30-day joy Scripture writing plan. Click [HERE](#) to purchase and download this plan.

- > Psalm 5:11
- > Psalm 59:16
- > Romans 15:13

2. Pray and ask God to fill you with His joy. Click [HERE](#) to get the summer prayer journal on Amazon.

3. Turn on some JOY filled worship songs. Here are 3 of my favorites:

- > [I thank God by Maverick City](#)
- > [Fill My Cup by Andrew Ripp](#)
- > [I'm so Blessed by CAIN](#)

4. Document 5 things you are thankful for right now. There are blessings all around you if you keep your eyes open to them. Click [HERE](#) to get the summer floral gratitude journal on Amazon.



5. Do something to bless and serve someone else. Here are 3 ideas.

- > Buy coffee/flowers/ice cream for someone.
- > Make an encouragement card and mail it to someone.
- > Text a prayer to someone.

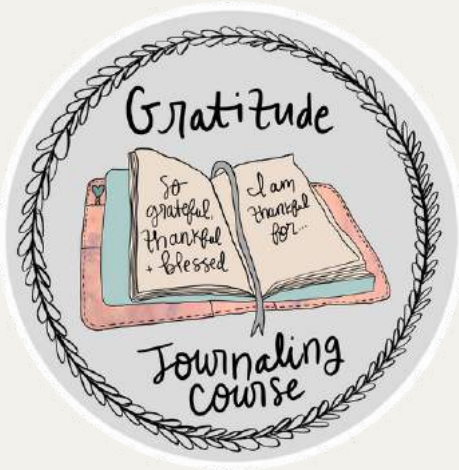
*"But let all who take refuge in you be glad; let them ever sing for joy. Spread your protection over them, that those who love your name may rejoice in you." (Psalm 5:11)*

Use this page to write a prayer for  
the rest of your summer season:





Are you feeling anxious? Discontent? Overwhelmed? Stressed? I have a solution for you! Creative gratitude journaling. In this course you will learn a lot about how to keep a gratitude journal, different formats to use, and TONS of creative ideas on how to make your gratitude journal pages unique and interesting. You will learn what the Bible has to say about being thankful, and you will learn tips on how to be more consistent in working this practice into your daily routine and rhythm.



Gratitude Journaling Online Course comes with:

- Self-paced course
- 10 video lessons (over 3.5 hours of content to get inspired by!)
- 29-page course workbook
- BONUS videos: How to put together your workbook
- Over 25 pages of printables: patterned papers, list of 60+ gratitude journaling prompts, gratitude verse cards & more!

*Don't miss out on starting your gratitude journey!*

CLICK HERE  
TO JOIN

Fill out this fun summer themed  
"this or that" by circling your favorites!

Sunglasses

or

Sun hat

Sundress

or

Shorts

Veggie garden

or

Fruit trees

Camping

or

Beach trip

Flip flops

or

Barefoot

Ice cream truck

or

Ice cream shop

Tent camping

or

RV/motor home

Hot dog

or

Hamburger

Sunrise

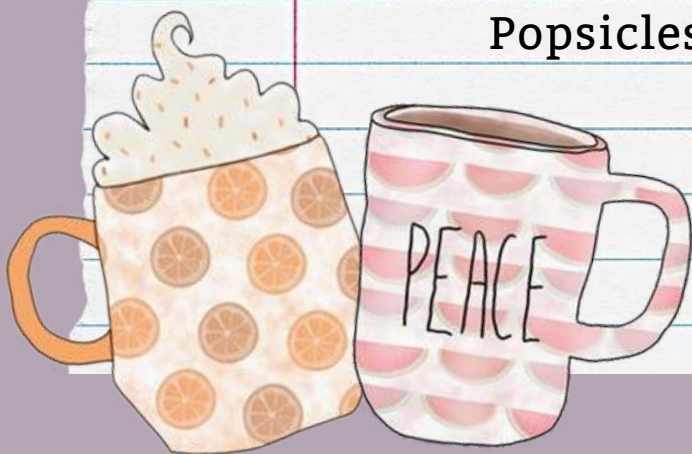
or

Sunset

Popsicles

or

Snowcones





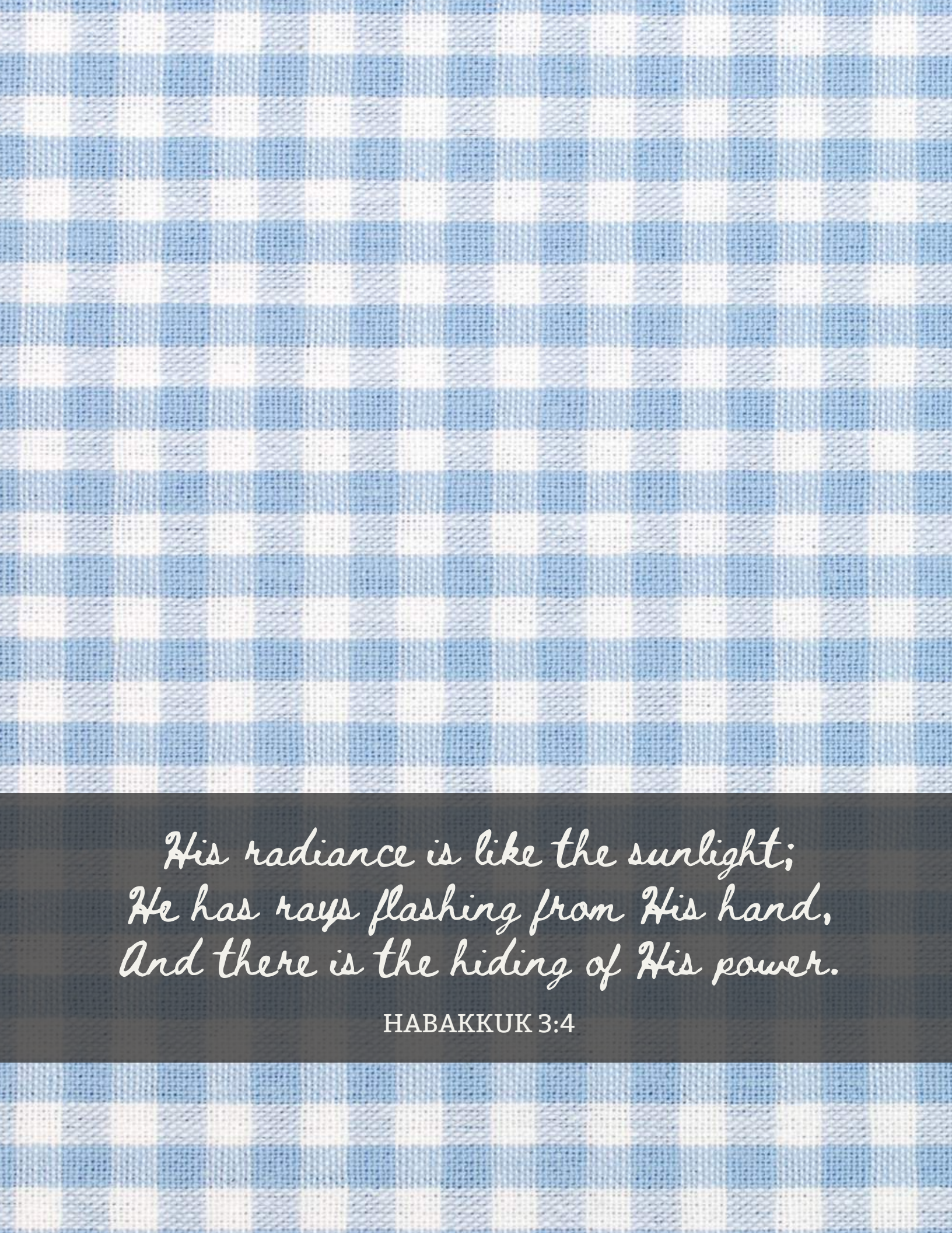
# Summer is not over yet bucket list ideas:

- Get outside for an afternoon and pick local fruit! Berries, peaches, apples, whatever is flourishing and delicious in your neighborhood.
- Write a prayer in your prayer journal thanking God for all the things that happened this summer so far.
- In the evening, put out a blanket and lay outside to look at the stars. Download an app on your phone to help you identify the constellations and planets.
- Make 2 loaves of chocolate chip zucchini bread. One to enjoy now, and put one in the freezer to enjoy later.
- Paint a picture of the sun in your journaling Bible and reflect on Lamentations 3:22-24.
- Have a backyard campout! Put up a tent, make a campfire, roast s'mores, and make memories in your backyard.
- Memorize Proverbs 6:6-8.
- Grab a picnic blanket, pack dinner and head to the river for an evening dip and meal.
- Invite a friend, neighbor, or family over to your home for a meal. Do not stress about cleaning up your home. Gather, share, and converse over a meal together. Pray with the guest and practice hospitality.



Use this page to create a summer  
isn't over yet bucket list!





*His radiance is like the sunlight;  
He has rays flashing from His hand,  
And there is the hiding of His power.*

HABAKKUK 3:4

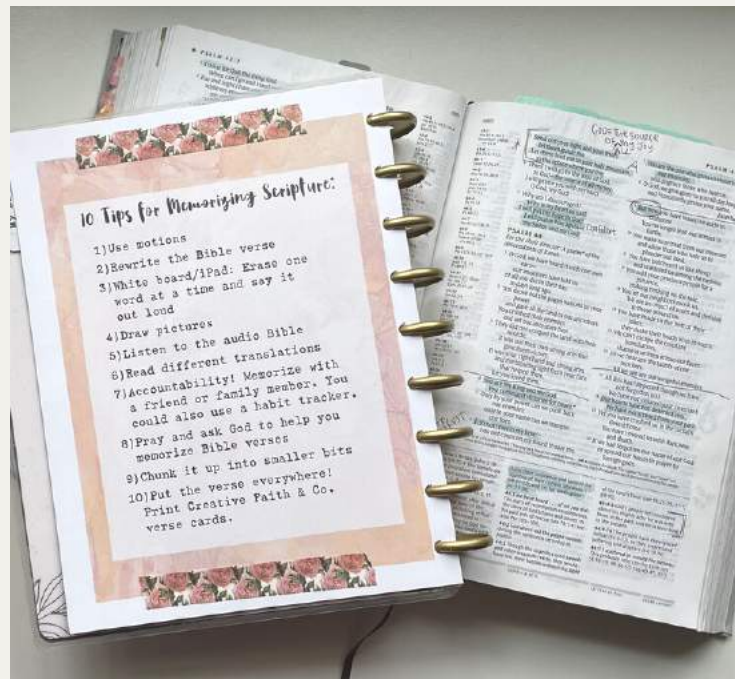
# 10 Tips on How to Memorize Scripture

Do you like memorizing Scripture? It is the most challenging spiritual discipline, but it is such an important thing to do! In this blog post I will share 10 tips to help you memorize Scripture. There is also a free download. You can print this for personal use and add it to your Bible study notebook.

Why is it important to memorize Scripture?

- Because Jesus memorized Scripture (Matthew 4:4)
- So God's Word can dwell in you (Colossians 3:16)
- Because it helps guard against temptation (Ephesians 6:17)
- So you can encourage others (Romans 15:4)
- Because you should think on excellent & lovely things (Philippians 4:8)

Click the button below to watch a YouTube video where I share more about these 10 tips for memorizing Scripture.



[CLICK HERE TO WATCH](#)

[CLICK HERE FOR FREE PRINTABLE ABOUT HOW TO MEMORIZE SCRIPTURE](#)



*"Let the word of  
Christ dwell in you  
richly..."  
(Colossians 3:16)*

## 10 Tips on How to Memorize Scripture

1) Use motions/actions.

2) Rewrite the Bible verse: Use Creative Faith Scripture writing journals!

- [Peonies Scripture writing journal A5 size](#) (click [HERE](#) to see inside)
- [Peonies Scripture writing journal B6 size](#) (click [HERE](#) to see inside)
- [Peonies Scripture writing journal traveler's notebook size](#) (click [HERE](#) to see inside)
- [Desert Days Scripture Writing Notebook](#) (click [HERE](#) to see inside)
- [Saved by Grace Scripture writing journal](#) (click [HERE](#) to see inside)

3) White board/iPad: Erase one word at a time and say it out loud. This would be such a fun game to do with your family. See example in [THIS](#) video.

4) Draw pictures.

5) Listen to the audio Bible.

6) Read different translations.

7) Accountability! Memorize with a friend or family member. You could also use a habit tracker.

8) Pray and ask God to help you memorize Bible verses.

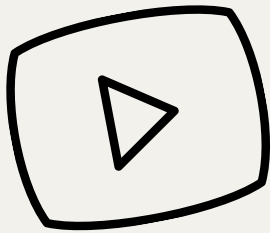
9) Chunk it up into smaller bits.

10) Put the verse everywhere! Print Creative Faith & Co. verse cards. Here are some verse card printables I have in my Etsy shop:

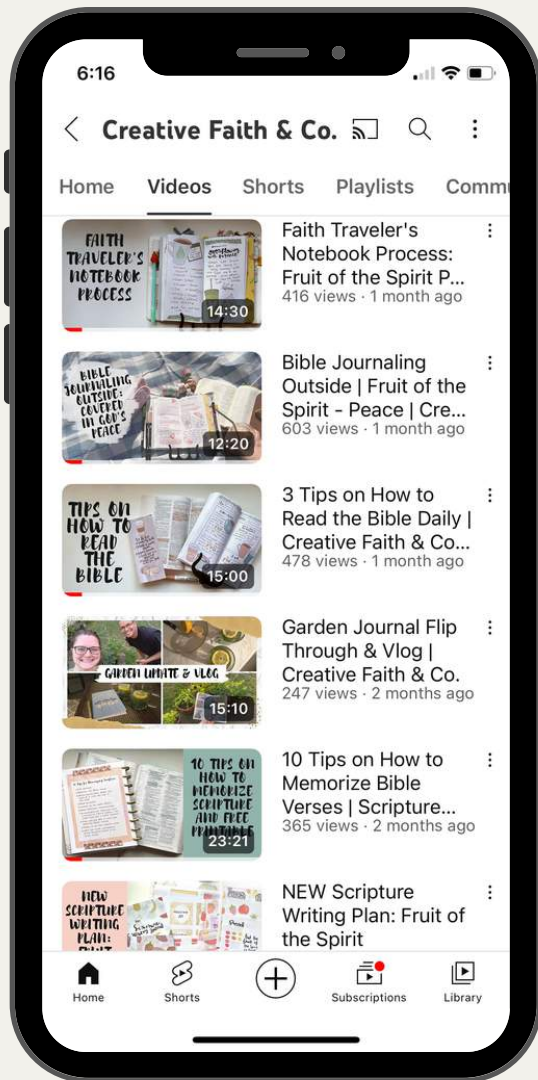
- [Blue florals](#)
- [Pink florals](#)
- [Psalm of Thanksgiving – Fall](#)
- [Psalm of Thanksgiving – Purple](#)
- [Saved by Grace](#)
- [Fruit of the Spirit](#)

I pray these tips and ideas help you get started memorizing Scripture!





Have you missed any Creative Faith & Co. YouTube videos? New ones drop every Tuesday and Saturday!



Growing in Faith  
Gardening Traveler's  
Notebook Process



Mid-Year Journal  
Flip Through - 40+  
Journaling Ideas



Fruit of the Spirit  
Patience Traveler's  
Notebook Process



CLICK HERE  
TO SUBSCRIBE





## List it Out: Summer Lists to Make

Need some fun summer journaling prompt ideas? Journaling is a great way to spend time resting, relaxing, and documenting the season. If you need any good journals, I have quite a few options on Amazon! There are some fun summer patterns. Click the name to be directed to that item on Amazon! These are affiliate links, FYI. :)

[CLICK HERE  
FOR CLOUDS  
JOURNAL](#)

[CLICK HERE  
FOR RAINBOWS  
JOURNAL](#)

[CLICK HERE  
FOR DAISIES  
JOURNAL](#)

Summer list ideas to make in your journal:

- Favorite summer movies
- Favorite places to go during the summer
- Favorite refreshing drinks
- 10 ways I'm seeing God's hand at work this summer
- 10 words to describe summer
- Favorite places to read the Bible during the summer months
- Answered prayers so far this summer

Use this page to document any of the list it out ideas from the previous page!





## Free Bible Study Devotion: Sunshine & Jesus Time

When we returned from a vacation, the plants in my bedroom were looking sad and droopy. I thought they had gone without water too long while we were away. The following week I started watering them again, but they still seemed sad; the leaves were leaning down.

I tried opening the blinds in our bedroom for several days. Guess what happened? The plants perked up! They got happier. They looked better. They needed light.

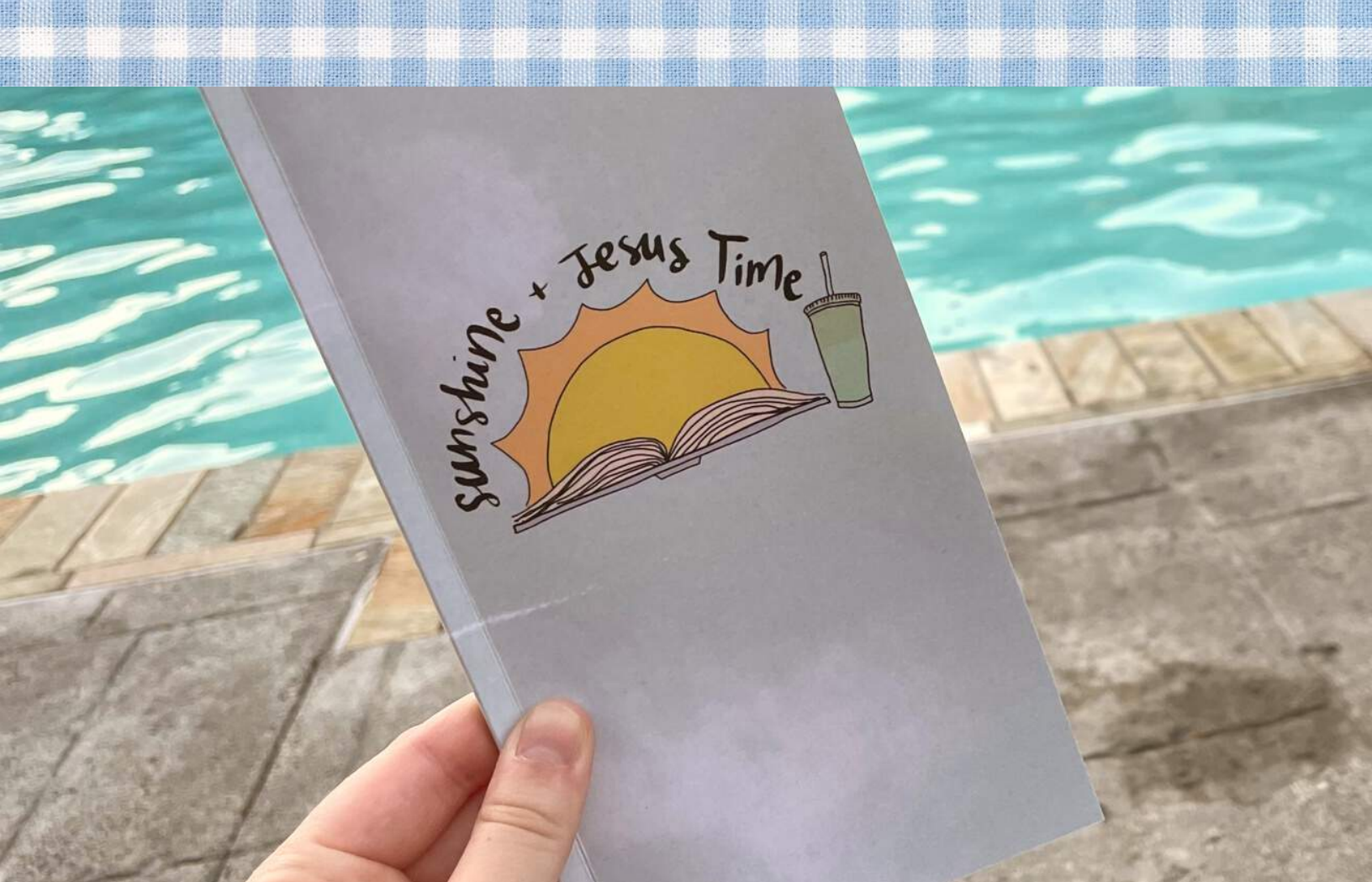
Are you feeling sad, droopy, or down? Maybe you need to spend more time with the Light: the Lord!

Read Psalm 119:105. Read 1 John 1:5.

Summer is the perfect time to grab your Bible, special pens, and a blanket. Head to a park or the pool or a grassy spot and spend time in the sun with the Son.

There is nothing better than sunshine and Jesus time to encourage, fill, and help you keep your eyes looking toward Him and plan for the summer season.





## *Going Deeper reflection questions from "Sunshine & Jesus Time"*

- Pick up your Bible and head outside. Lay a blanket in the grass, find a picnic table, or sit in a lounge chair by the pool, ocean, or river. Find a patch of sunshine to sit in as you spend time with the Lord, soaking up moments in His Word, the light to your path. Take a picture of your set up, print it, and adhere it into your journal to remember your special time with the Lord.
- Draw a picture of the Bible and write words around it that represent what it means to you. Look up these verses for reference: Hebrews 4:12-13, 1 Peter 2:2, Luke 8:11, Ephesians 6:17
- Write a prayer asking God to help you be thirsty for more time in His Word this summer.

CLICK HERE TO  
PURCHASE THE  
SUNSHINE & JESUS TIME  
DEVOTION BOOK

Use this page to reflect on  
the *Going Deeper* questions:



CLICK HERE TO  
PURCHASE THE  
SUNSHINE & JESUS TIME  
PRINTABLE



## Do you have the fruit of the Spirit collection yet?

Did you know I have a collection and kit out all about the Fruit of the Spirit from Galatians 5:22-23? Are you ready to chew on God's Word? Are you ready to spend some sweet time in Scripture?

Through August 31, 2023 the whole fruit collection is 20% off! No code needed!

[CLICK HERE FOR PHYSICAL KIT](#)

[CLICK HERE FOR BLOG POST ROUND UP](#)

# Summer Bible journaling idea: Paint with fruit!

Have you ever painted with fruit before in your faith traveler's notebook, prayer journal or journaling Bible?! This is such a fun idea to try. It is messy, but the outcome is something unique.

For the strawberries, I cut them in the shape of the heart. For the bananas I cut them in half to make the circle.

You could also use other fruits or vegetables, too, in this same way. You could stab them with a toothpick or plastic fork to make the stamping and painting easier, too.

I have several YouTube videos sharing this process of painting with fruit. You can watch them using the buttons below on the Creative Faith YouTube channel.

CLICK HERE TO WATCH PAINTING WITH STRAWBERRIES

CLICK HERE TO WATCH PAINTING WITH BANANAS





*The faithful love of the Lord  
never ends! His mercies never cease.*

*Great is his faithfulness;  
his mercies begin afresh each morning.*

LAMENTATIONS 3:22-23



# Fruit of the Spirit Scripture writing plan

Did you know there are 9 different Scripture writing plans for each of the fruit of the Spirit? These are great topics and themes to study all year long. I set up my Scripture writing journal for the first three plans: love, joy and peace. Click [HERE](#) to see my set up in a YouTube video! Here are some verses from the Scripture writing plans you can use as a preview below.

## Love:

- Exodus 34:5-8
- Deuteronomy 7:9
- Joshua 22:5

## Joy:

- Leviticus 9:24 (NLT)
- 2 Chronicles 20:27
- Psalm 5:11

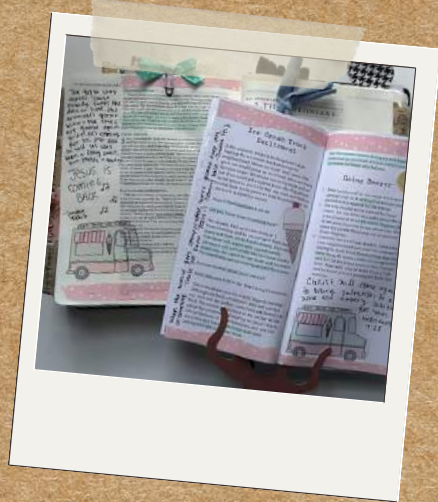
## Peace:

- Numbers 6:24-26
- Judges 6:24
- Psalm 4:8

[CLICK HERE FOR ALL THE FRUIT COLLECTION](#)

[CLICK HERE TO SEE MY FRUIT SCRIPTURE WRITING SET UP](#)

# Summer themed faith journaling pages for inspiration



# Reviews & Testimonials



(Fruit of the Spirit kit)

This is such a great physical kit with quality products. I love the journal, the pages are smooth and easy to write on. The decorative elements are fun and bring a touch of creativity to your study! Love it and look forward to ordering more.

*Christine from Michigan*



(Growing in Faith Gardening printable)

All of Hillary's work is great...but WoW!!! This is my favorite download so far!!! Thank you for using your gift so women can GROW closer to the Lord!!!

*Elizabeth from North Carolina*



(Scripture writing plan: Patience)

Again, I'm always intrigued by how you come up with your printables. Always perfect timing when I'm in need of some inspiration, and I always know where to look. Thank you for all the hard work you put into each of your creations. They are all uniquely beautiful.

*Carlene*



## Have you checked out the latest Creative Faith kit & collection yet?

Are you ready to journey through the Word with the new adventure themed Bible journaling kit? Be sure to check out Adventure Awaits!

[CLICK HERE FOR PHYSICAL KIT](#)

[CLICK HERE FOR BLOG POST ROUND UP](#)

[CLICK HERE FOR UNBOXING VIDEO](#)

Stay tuned  
for the next  
edition of  
the Creative  
Faith & Co.  
magazine!

