

Reflect on the Year: What were highlights from each month?

January

February

March

April

May

June

July

August

September

October

November

December

Reflect on the Year:
How did things go in these
areas of your life?

Faith

Marriage

Family

Home

Finances

Job/Business

Fitness

Food

Ministry

Rest/Mental

Fun/Recreation

Friends

Dream for the new year:
What are goals/habits you want
to form in these areas?

Faith

Marriage

Family

Home

Finances

Job/Business

Fitness

Food

Ministry

Rest/Mental

Fun/Recreation

Friends



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*Purchasing goal setting journals for
the new year on Amazon here:*

- [Year to Shine journal – B6 size](#)
- [Year to Shine journal – A5 size](#)
- [Year to Shine journal – traveler's notebook size](#)