

Produce in Me - Peace

I strongly dislike being home alone at night. My parents left for a three-week vacation, which meant many nights by myself. One evening, I arrived home after a long car ride. The house was pitch black. I laid in bed that evening without peace in my heart. I kept worrying a bad person would break in, or the house would catch fire, or a big earthquake would happen. Terror enveloped me, and I focused my eyes on the darkness instead of God's light and peace. A friend sent me Psalm 4:8. As I meditated on that verse, the fear faded away and God's peace covered me as I was able to fall asleep.

Read Ephesians 6:15.

Not only does peace appear in the fruit of the spirit, but it also appears in the armor of God. Paul connects peace to a pair of shoes you must put on each day. We need to have peace with us every day when we step outside. It's a choice we must make to walk in peace.

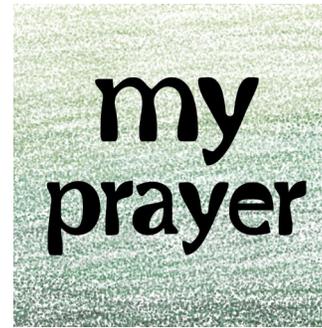
Read Psalm 34:14

We need to pursue and fight for peace because it will not come easily. Chaos and focusing on the darkness can come easily, but not peace. It won't land in your lap. You need to go after it. Seek peace.

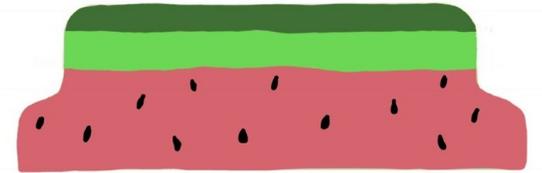
Let's pray: **Prince of Peace, when darkness and fear overcome us, help us to remember Your everlasting peace that rules in our hearts. Help us to chase after Your peace every day of our lives. In Jesus' name, amen.**

Going deeper:

- When do you most feel lacking peace in your life? What can you do in those moments to bring peace to your heart? List a few ideas.
- Write a prayer to God, asking Him for peace.
- God's peace covers you, just like the rind of a watermelon covers and protects the juicy inside. Draw a watermelon. Write God's peace on the rind, and your name on the inside to remind you who covers you.



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