

Produce in Me - Joy

I wandered around the flower section at Safeway one day. I knew a friend of mine was having a tough week, and I thought flowers would put a smile on her face. As I walked around looking at all the different types, bright yellow tulips kept catching my eye. Whenever I think of joy, the color yellow comes to mind. The yellow flowers blessed her immensely.

A few weeks later, I had a difficult morning at church. I had been running around like a crazy lady trying to finish everything, when someone handed me a vase full of yellow flowers. It stopped me in my tracks and put the biggest smile on my face. God knew I needed a joy reminder that day.

Read Psalm 30:11. The Bible tells us that God will turn our mourning into dancing. He will help us put on joy.

Read 1 Peter 1:6-7. Peter reminds readers that joy is coming, even though they are in the middle of tough times.

Let us pray: **God Almighty, please help us to seek joy daily. I pray that even when we are in the middle of trials and challenges we would be able to see You working. In Jesus' name, amen.**

Going deeper:

- When's the last time you felt complete joy?
- Where do you go to feel happy when you are sad? Illustrate the place where you go to seek joy.
- Write *Joy* = and list what joy equals to you.
- When is the last time God gave you a joy reminder? How can you keep your eyes open to look for those reminders today?
- Read through the book of Ruth. How did Naomi go from being full of sadness to being full of joy? What can you learn from Naomi's story?

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