



Beautiful Rest

By Hillary Krippachne

It hardly ever snows in my town, except for this winter. We are sitting in snow episode number three with more expected. The snow is beautiful, but it complicates life.

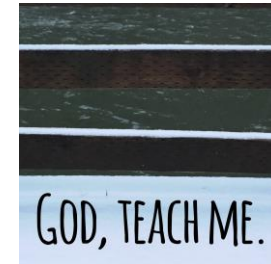
I am a planner. My schedule fills with work and activities, which is why I have picked a "word" on which to focus on during 2017: rest. I want to be more intentional about being still before God.

Let's look for blessings in these storms. God planned the snow to help me start the year with peace in my heart. He took away activities with friends, days of work, and errands, and He replaced my days with walks, time in the Word, and laughter with family.

"Be still, and know that I am God."
Psalm 46:10

Snow is a symbol of new beginnings. God is helping me start 2017 with a fresh start, a clean slate, and an attitude of rest.

- What does snow represent to you?
- Illustrate what new beginnings look like in your life right now.
- Read Psalm 51:7 and Isaiah 1:18. How are they similar, and how are they different? What can you learn from those verses?
- Write a prayer asking God to help you find a blessing in the midst of whatever storm you are facing. He always wants to teach you something new.



refresh

